

Week 22: Your Personal Mission Statement

“I Say Yes” by Leslie Ackman

1. Who am I to others? (My many Roles in Life)
2. What 3 things am I likely to achieve this year? How about the next 5 years...the next 10?
3. When I pass from this world I want others to remember these very good things about me...
4. What is my current Season in Life?
5. I need to avoid these things in order to be the TRUE ME...
6. What are the regular demands on my time?

7. I am my very best self when I can spend my work life doing these Things...

8. I have BIG DREAMS...

9. What 3 things am I likely to achieve this year? How about the next 5 years...the next 10?

10. My Talents are...

11. Ways I will use them...

12. Who do I want to be? What 3 things would you like to improve who you are today?

Power Words

Go through this list of words and circle any that speak to you

Quirky Independent Fulfilled Mighty Believe Truth Generous

Optimistic Courageous Marvelous Sincere Sensitive Eager

Thoughtful Triumphant Driven Dreamer Determined Spunky Joy

Challenge Uplifting Daring Brave Adventure Appreciative

Gratitude Bold Clarity Seeker Writer Powerful Mighty Dedicated

Classic Playful Epic Fulfilled Masterful Creativity Fun Hero

Trust Savvy Nurturing Inspired Energetic Kindness Vivacious Do

Amazing Sincere Passion Believer Lover Heart Glorious Harmony

Now it's time to put it all together!

Go through all your answers and words....highlight those things that are “leaping off the page” at you. Put it all together by writing out 2, 3 or more sentences that contain those thoughts and words you highlighted. If you want to condense this paragraph even more you can...making your Mission Statement as short or as long as you like.

Here are some example Mission Statements...

“My mission in life is to champion others to help them grow personally, emotionally, spiritually and professionally. I will do this by using my compassion, unique perspective and the belief in the inherent goodness of others as well as their integrity and potential.”

“My purpose through each day of my life is to have an expression of commitment to love my family and friends. I plan to cherish each of them. I plan to improve myself professionally and personally through education and open-mindedness so that I can advance in both my life and career in a way that I can enjoy and feel content.”

Practice Writing Your Mission Statement....