

*Quotes on Happiness*  
*Brave Heart Sisterhood Art Journaling.blog*

*I get to choose It's all in my attitude I choose HAPPY! Happy in my Heart Be Happy*

*"Don't cry because it's over, smile because it happened."*

*— Dr. Seuss*

*"Happiness is not something ready made. It comes from your own actions."*

*— Dalai Lama XIV*

*"Cry. Forgive. Learn. Move on. Let your tears water the seeds of your future happiness."*

*— Steve Maraboli*

*"Maybe the truth is, there's a little bit of loser in all of us. Being happy isn't having everything in your life be perfect. Maybe it's about stringing together all the little things."*

*— Ann Brashares, *The Sisterhood of the Traveling Pants**

*"Those who are not looking for happiness are the most likely to find it, because those who are searching forget that the surest way to be happy is to seek happiness for others."*

*— Martin Luther King Jr.*

*"I'm choosing happiness over suffering, I know I am. I'm making space for the unknown future to fill up my life with yet-to-come surprises."*

*— Elizabeth Gilbert, *Eat, Pray, Love**

