

I Say YES!

Welcome to my FREE year long art journaling workshop!
EVERYTHING you need for this class is right here.

Week One...[Living on Autopilot](#)

[Quote print out sheet](#)

[Winged Angel Girls printout](#)

Week Two...[Acceptance](#)

Week Three...[Finding Your Inner Super Hero](#)

Week Four...[Freedom](#)

Week Five...[CONNECTION](#)

Week Six...[Friends](#)

Week Seven...[Week 7: Meet Tammy](#)

Week Eight...[Connect with Your Deepest Heart Desires](#)

Week Nine...[Loving Yourself](#)

Week Ten...[Dear Me...](#)

Week Eleven...[Positive Affirmation Cards](#)

Week Twelve...[Week Twelve: Creating a Garden](#)

Week Thirteen...[Week Thirteen: Walking on Sunshine](#)

Week Fourteen...[What's on YOUR Summer Bucket List?](#)

Week Fifteen...[Week 15: Let's Have FUN!](#)

Week Sixteen...[Week 16: Smile](#)

Week Seventeen...[Week Seventeen: Let's Go to the Movies](#)

Week Eighteen...[Pursuing Peace](#)

Week Nineteen...[Week Nineteen: Protecting My Peace](#)

Week Twenty...[Week Twenty: Procrastination & Peace](#)

Week Twenty-One...[Week 21: Creating a Peace Collage](#)

Week Twenty-Two...[Week 22: Creating a Personal Mission Statement](#)

Week Twenty-Three and Four...[Weeks 23 & 24: More Gratitude](#)

Week Twenty Five...[Week 25: Where Have We Been?](#)

Week Twenty Six...[Week 26: Be the True You](#)

Week Twenty Seven...[Week 27: What's Your Routine?](#)

Week Twenty Eight...[Week 28: Time for Self-Care](#)

Week Twenty Nine...[Week 29: Planning Your Days](#)

Week Thirty...[Week 30: Joyful Days Planner](#)

[Week 31: 31 Days of Creativity](#)

[Week 32: Let Go!](#)

[Week 33: No More Comfort Zone](#)

[Week 34: Creative Affirmations](#)

[Week 35: Playing Around with Circles](#)

[Week 36: How Do You See Yourself?](#)

[Week 37: Fifty Fab Adjectives](#)

[Week 38: Gratitude List](#)

[Week 39: Wear What You LOVE](#)

[Week 40: What is Speaking to YOU?](#)