

# Week 31: 31 Days of Creativity



## Welcome to Week 31

This month we are Saying YES to Creativity! Ways to fill our creative wells, inject Creativity Breaks into our days and figure out what the heck inspires us as well as drains us creatively. I am so grateful you are here!

What's it mean to be Creative? Dictionary.com says this...

the ability to transcend traditional ideas, rules, patterns, relationships, or the like, and to create meaningful new ideas, forms, methods, interpretations, etc.; originality/imaginatio n.

To kickstart our month of creativity let's write a "Creative

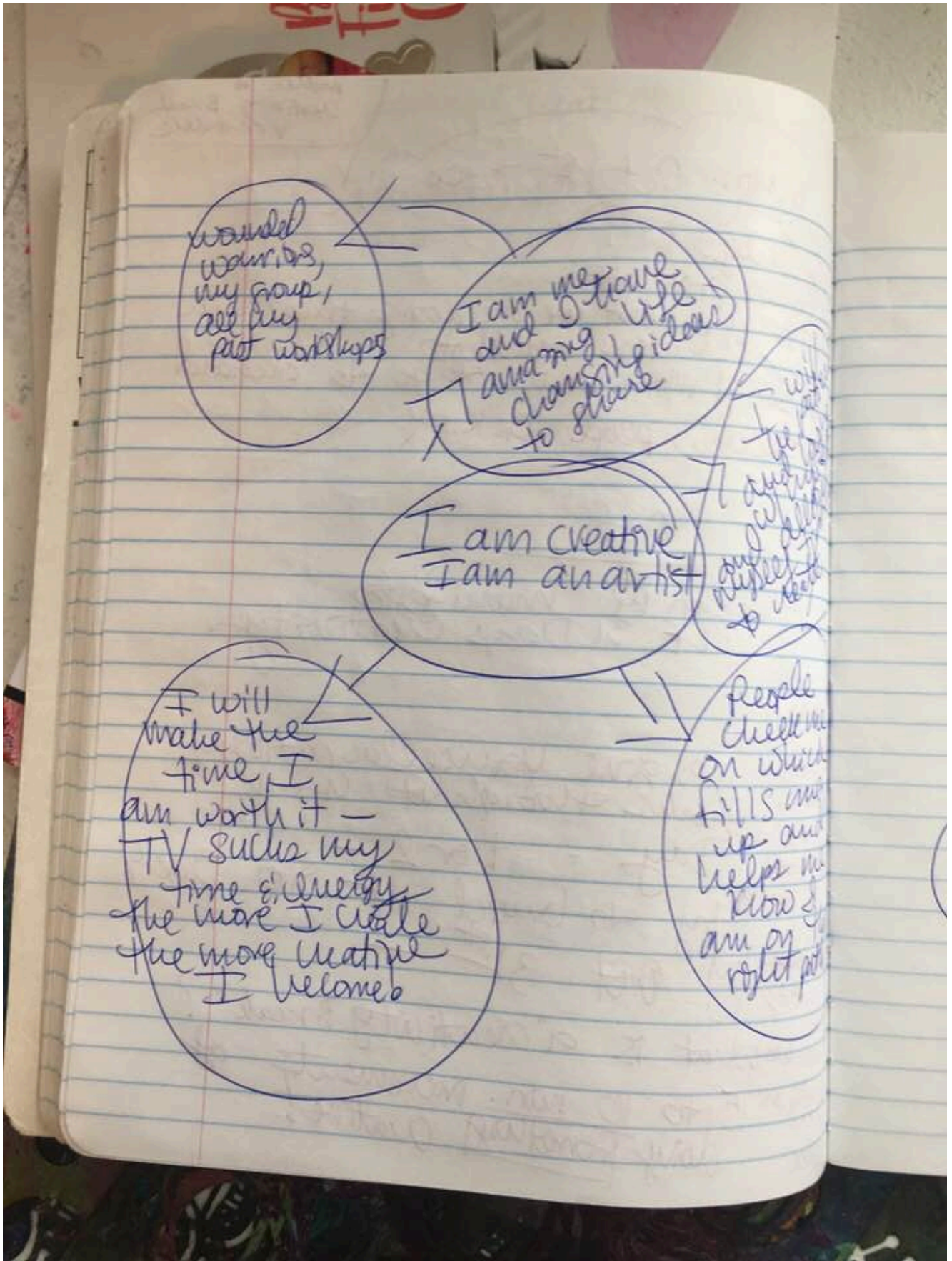
Manifesto". We are going to declare a list of intentions and objections for ourselves regarding our Creativity!! How in the heck do we do that, you ask? Just click on the link below!

[I Say Yes" October Challenge\\_ 31 Days of Creativity](#)

## **What is Mind Mapping?**

In the printable above and mentioned a few times in my Creativity print off you will see the phrase "Mind Mapping". I do explain it in your print out but wanted to share a visual with you here...

In the center you put whatever it is you are declaring or want to work on...



Then you draw arrows away from that and write out any thoughts that come to mind then circle. I find this exercise to be EXTREMELY HELPFUL!!!!

Here is an excellent article on Mind Mapping that will help you understand it better!!

[Mind Mapping](#)

## **What will happen this month?**

Here's what you can expect this month...

\*31 Days of Creativity PDF

\*Creativity Breaks PDF

\*Creativity Boosters Daily on FB LIVE

\*Weekly Lessons

I hope you will join me as I SAY YES to my Creativity this month!!!

[31 Days of Creativity by Leslie Ackman](#)

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[Creativity Break Ideas by Leslie Ackman](#)

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