

Week Thirteen: Walking on Sunshine

“And I thought about how many people have loved those songs. And how many people got through a lot of bad times because of those songs. And how many people enjoyed good times with those songs. And how much those songs really mean. I think it would be great to have written one of those songs. I bet if I wrote one of them, I would be very proud. I hope the people who wrote those songs are happy. I hope they feel it’s enough. I really do because they’ve made me happy. And I’m only one person.”

– [Stephen Chbosky, The Perks of Being a Wallflower](#)



Photo by Nico Glassman on [Pexels.com](https://www.pexels.com)

We are kicking off the Summer with FIVE big weeks of Summer-inspired Art Journaling prompts. So sit back, grab a cool drink and read on!

June Theme

We have been working hard on telling our Story...digging deep into our pasts, bringing up old wounds and trying our very best to leave them behind. I think we ALL deserve a refreshing change of pace this month...to just Let Go and have some FUN!

Welcome to a month of "Walking on Sunshine". The entire month is inspired by one of my FAVE Summer songs...

[Walking on Sunshine by Katrina and the Waves](#)

Let's Go Crazy creating music themed pages in our Art Journals!!

Prompts

*Listen to your favorite songs and create a page with any images/themes that pop up

*Create a page using lyrics from your fave song

*Create a page listing your favorite songs

*Has a song helped you Heal or Lifted you up during a very difficult time? Create a page!

*Take time this week to jot down any songs that come to mind then write down the first memory that pops up associated with that song

Girls, I want you to TRULY ENJOY this assignment! Feel free to share your fave songs in our group, concerts you went to, celebrity encounters you had.

[Join our FB group here.](#)

Click on the link below for this week's FREE two-page image sheet to use in your journals.

[Music images](#)

Have fun creating!!

xoxo

Les